



## Behavioral Health HEDIS® Tip Sheet

Detroit Wayne Integrated Health Network (DWIHN) created tip sheets to help you satisfy Healthcare Effectiveness Data and Information Set (HEDIS) measures. These measures from the National Committee for Quality Assurance (NCQA) help ensure our members receive appropriate care.

### Behavioral Health HEDIS Measures

#### Antidepressant Medication Management (AMM)

- Members ages 18 and older
- Diagnosed with major depression
- Newly filled antidepressant medication and compliant for 3-6 months+

#### Diabetes Screening for Members Taking Antipsychotics (SSD)

- Members ages 18 to 64
- Diagnosed with schizophrenia, schizoaffective disorder or bipolar disorder
- Received an antipsychotic medication at any time during the year
- Test blood glucose level with either a glucose or HbA1c test

#### Diabetes Monitoring for People with Diabetes and Schizophrenia (SMD)

- Members age 18-64
- Diagnosed with schizophrenia or schizoaffective disorder, and diabetes
- Had **both** LDL-C and HbA1c test during the year

#### Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM)

- Members 1 to 17 years old
- Dispensed two or more antipsychotic medications during the year
- Medications can be the same or different, if they're dispensed on different dates
- The goal is to test **both blood glucose** with either a glucose or HbA1c test, **and cholesterol** with either a cholesterol or LDL-C test.

#### Follow Up After Hospitalization for Mental Illness (FUH)

- Members ages 6 and older
- Discharged from an acute inpatient hospital stay
- Principal diagnosis at discharge is mental illness or intentional self-harm
- Outpatient follow-up visits must be with a mental health practitioner (master's+ level) within 7 or 30 days

#### Adherence to Antipsychotic Medications (SAA)

- Members 18 years and older
- Diagnosed with schizophrenia or schizoaffective disorder during the measurement year
- Remained on an antipsychotic medication for at least 80 percent of their treatment period

#### Follow-Up After Emergency Department Visit for Mental Illness (FUM)

- Members ages 6 years and older
- Emergency department visit for mental illness or Intentional Self Harm
- Follow-up visits for mental illness within:
  - ☐ 7 days of the emergency department visit with any professional
  - ☐ 30 days of the emergency department visit by a clinician/doctor

#### Follow-up care for children prescribed ADHD medication (ADD)

- Members ages 6-12
- Diagnosed with ADHD
- Newly prescribed ADHD medication
- Had at least 3 follow-up care visits within a 10-month period, one of which was within 30 days of first ADHD medication dispensed
- Initiation Phase: Follow up visit with a prescribing practitioner within 30 days of first prescription to treat ADHD

- Continuation and Maintenance Phase: remained on ADHD medication for at least 210 days, had a visit in the initiation phase, and had at least two follow up visits with a practitioner in the 270 days (approx. 9 months) after the initiation.

#### Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics (APP)

- Members ages 1-17
- New prescription for an antipsychotic medication
- Documentation of psychosocial/therapy care as first-line treatment in the 121-day period at least 90 days prior to the Rx dispensing date through 30 days after the Rx dispensing date.

#### Screening for Depression and Follow-Up Plan (CDF)

- Members age 18 and older
- Screened for Depression on date of encounter or 14 days prior to date of encounter
- Age-Appropriate standardized depression screening tool
- If positive, follow-up plan documented on date of encounter

### Medical HEDIS Measures

#### Controlling High Blood Pressure (CBP)

- Members age 18-85
- Diagnosis of hypertension
- BP adequately controlled (<140/90) during the year

#### Adults' Access to Preventive/Ambulatory Health Services (AAP)

- Members age 20 years and older
- Ambulatory or Preventative Care Visit during the year

#### Glycemic Status Assessment for Patients with Diabetes (GSD)

- Members age 18-75
- Diagnosed with diabetes
- Most recent glucose management indicator (GMI) or HbA1c with glycemic status at (<8.0%) and (>9%)

#### Breast Cancer Treatment (BCS)

- Members age 50-74
- Recommended for a routine breast cancer screening
- Mammogram to screen for breast cancer

#### Cervical Cancer Screening (CCS)

- Members age 24-64
- Recommended for routine cervical cancer screening using criteria:
  - Ages 24-64 - Cervical cytology (Pap) test within the last 3 years
  - Ages 30-64 - Cervical high-risk human papillomavirus (hrHPV) test performed within the last 5 years
  - Ages 30-64 - cervical cytology (Pap test/high-risk human papillomavirus [hrHPV]) co-testing within the last 5 years

### Substance Use HEDIS Measures

#### Follow-Up After Emergency Department Visit for Substance Use (FUA)

- Members age 13 and older
- Principle diagnosis of SUD or any diagnosis of drug overdose
- Had a follow up within 7 days
- Had a follow up within 30 days

#### Initiation and Engagement of Substance Use Disorder Treatment (IET)

- Members ages 13 and older
- New episode of SUD
- Received Initiation or Engagement of SUD Treatment
- Initiation Phase: Initiate treatment through an inpatient SUD admission, outpatient visit, intensive outpatient encounter, or partial hospitalization, telehealth, or medication treatment within 14 days

of the diagnosis.

- Engagement Phase: Initiated treatment and who had two or more additional SUD services or medication treatment within 34 days of the initiation visit.
- Measurement Year: November 15 year prior – November 14<sup>th</sup> of measurement year

#### Use of Pharmacotherapy for Opioid Use Disorder (OUD)

- Members age 18 and older
- Diagnosed with OUD
- Filled prescription for or administered/dispensed FDA-approved medication during the year
- Medications include Buprenorphine, Oral Naltrexone, Long-acting, injectable naltrexone, Methadone